Adenomyoma of the Small Intestine: Case Report

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ABSTRACT

Adenomyoma of the small intestine is a rare entity characterized by a mixture of glandular structures with intervening bundles of smooth muscle. It occurs mostly in the periampullary region or ileum. Seven cases of jejunal adenomyoma have previously been reported in the literature. We describe here a 61-year-old male suffering from an inguinal hernia with a polypoid lesion in the submucosa of the jejunum strangulated in herniasac.

Key Words: Jejunum, Adenomyoma, Inguinal hernia

INTRODUCTION

Adenomyoma is a rare benign lesion of hepatobiliary and gastrointestinal tracts. Most of them have been described in the gallbladder. A few cases have been reported elsewhere in the gastrointestinal tract including the ampullary region, small bowel and stomach (1,2,3,25). Adenomyoma of the small intestine distal to the duodenum is very rare. To date, only 26 cases have been reported in the literature.

CASE REPORT

A 61-year-old male was admitted to the Department of General Surgery due to lower abdominal pain. He had a history of reducible inguinal hernia for two years. Partial small intestinal resection and primary hernia repair were performed. He was discharged from the hospital a week later.

Macroscopically, there was a 2.5x1x1 cm nodular, solid submucosal lesion in the small intestine. Ischemic changes were detected in the intestinal wall. Microscopically, the lesion was located within the mucosa and submucosa. It was composed of glandular structures of variable size and shape. There were irregular muscular bundles surrounding the glandular structures (Figure 1A,B). The glandular structures were lined by cuboidal or tall columnar epithelium with regular basally located nuclei and without atypia or mitotic activity (Figure 1C). There were no pancreatic acini or islets. We did not observe Paneth cells or goblet cells. Immunohistochemistry was performed using antibodies against CK7 (OV-TL2/30, Neomarkers, CA, USA:50), sMA (A4, :300 neomarkers, CA, USA) and CK20 (Ks20.8, :00 neomarkers, CA, USA). Immunohistochemistry revealed that sMA was positive in the smooth muscle fibers surrounding the glandular structures (Figure D) while CK7 was diffusely positive in the epithelium lining the glands (Figure E) and CK20 was negative (Figure F).

DISCUSSION

Adenomyoma is a lesion that is characterized by a mixture of glandular structures surrounded by smooth muscle fibers. It has several synonyms such as myoepithelial hamartoma (1,2,12,13,15), adenomyomatous hamartoma (4,8) and foregut choristoma (6). Adenomyoma of the small intestine distal to duodenum is very rare. To date, only 26 well documented cases of adenomyoma involving small intestine have been reported in the literature (1-24). Eighteen male and eight female patients ranging in age from 2 days to 82 years have been reported. The lesion frequently causes intussusception, but some cases were
described as an incidental finding at surgery or autopsy. One of the reported cases caused gastrointestinal bleeding (24). Although our case had a history of inguinal hernia for two years, strangulation might have been caused by the mass effect of adenomyoma. The diameter of the reported lesions ranged from 0.6 to 6 cm and they occurred more frequently in the ileum than jejunum. Microscopically, only five of those 22 cases have been reported to contain goblet cells, and one case contained goblet and Paneth cells (23). We did not see either cells in our case. Only 7 cases of jejunal adenomyoma have previously been reported (1,5,18,20,24,26). The clinicopathological findings of jejunal cases are listed in Table 1.

The pathogenesis of adenomyoma of the gastrointestinal tract is not fully understood. It is generally considered to be either a form of hamartoma or a pancreatic heterotopia, but we agree with Clarke’s suggestion that the term “adenomyoma” should be used only for lesions with smooth

Figure 1: (A-C) Lesion composed of glandular structures with surrounding muscular bundles (H&E; A, B: x100, C: x400). (D) SMA expression of smooth muscle bundles (x100). (E) CK7 positivity in the glandular epithelium (x100). (F) Lesion was CK20 negative (x200).
Table I: Clinicopathological findings of adenomyoma of the jejunum

<table>
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<tr>
<th>Case</th>
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<th>Location</th>
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<td>1.5</td>
<td>Jejunum</td>
<td>Abdominal pain</td>
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muscle and exocrine-type ducts without ectopic pancreatic acini or islets (1). As in our case, CK7 (+) and CK20 (-) expression profile of the glandular element coincides with that of the pancreatic duct epithelium, but not with that of intestinal epithelium. This finding supports the theory of heterotopic pancreas. The presence of smooth muscle tissue might be explained by secondary muscle proliferation caused by stimulus of misplaced epithelium (23). The pathological differential diagnosis must include enteritis cystica profunda, heterotopic pancreas, pneumatosis cystoides intestinalis, metastatic adenocarcinoma and hamartomatous polyp in Peutz-jeghers syndrome. The cysts in enteritis cystica profunda are not encircled by muscle fibers. They are often confused with metastatic adenocarcinoma. Adenomyoma shows an orderly arrangement or lobular pattern of benign ducts that shows no atypia in a background of proliferating smooth muscle rather than desmoplastic stroma. The orderly arrangement of the two muscle layers around the ducts distinguishes adenomyoma from heterotopic pancreas (25). The cysts with no epithelial lining in pneumatosis cystoides intestinalis contain gas, whereas the glands and cysts of adenomyomas are lined by epithelial cells (23). The important feature in Peutz-Jeghers syndrome is the presence of branching cores of muscular fibers derived from the muscularis mucosa, while adenomyoma is located in the submucosa and/or muscularis propria. The diagnosis can be difficult, especially if the small biopsies come from an adult patient with obstructive symptoms.

In conclusion, this case was important for its unusual clinical presentation and rare location.

REFERENCES

1. Clarke BE: Myoepithelial hamartoma of the gastrointestinal tract: a report of eight cases with comment concerning genesis and nomenclature. Arch Pathol 1940, 30:143-152