Cystic Solitary Fibrous Tumor of the Liver: A Case Report

Karaciğerin Kistik Soliter Fibröz Tümörü: Olgu Sunumu

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ABSTRACT

Solitary fibrous tumors are unusual neoplasms that are rarely found in the liver parenchyma. They are usually described as hard, grayish white, well-defined lesions. Predominant cystic change in a solitary fibrous tumor is an unexpected finding, with only a few previous cases reported in the literature, two of which are localized in the head and neck region. Herein, we report a unique case of solitary fibrous tumor of the liver in a 38-year-old female with predominant multiloculated cystic appearance, and discuss the histopathologic differential diagnosis.

Key Words: Solitary fibrous tumor, Liver, Cysts

INTRODUCTION

Solitary fibrous tumors are rare neoplasms found primarily in the pleura, but also in almost every anatomic location including serosal cavities, upper respiratory tract, retroperitoneum, abdominal cavity, oral cavity, and meninges. They are also very rare in the liver parenchyma, with fewer than 45 previous cases reported up to date in the world literature (1,2). Grossly, solitary fibrous tumors are firm, greyish white, well-demarcated lesions. Although the histogenesis of these tumors is controversial, mesenchymal origin is preferred other than mesothelial origin. The major histologic finding of solitary fibrous tumors is proliferation of spindle cells in various patterns that are accompanied by various degrees of collagenous deposition. Rarely cystic changes may occur in these tumors but only a few cases with both radiologic and macroscopic multiloculated cystic appearance have been reported in the literature, two of which are localized in the head and neck region (3-5). To the best of our knowledge, predominant cystic change in a solitary fibrous tumor has not been described in the liver. Herein, we present a unique case of solitary fibrous tumor of the liver with prominent macroscopic multiloculated cystic appearance.

CASE REPORT

A 38-year-old female presented at the Emergency Department of our hospital with symptoms of abdominal pain, nausea and vomiting. Physical examination of the patient did not reveal significant pathology. Abdominal computed tomography demonstrated a well-demarcated multilocular cystic mass with a few mural nodules, located at the lower edge of segment 4b of the liver that seemed to have connection with the liver (Figure 1). The mass was excised laparoscopically.

On gross examination, the excised specimen consisted of a multilocular cystic lesion that measured 8x6x2 cm (Figure 2). Serous fluid was emptied from the intact cystic spaces within the lesion. Although the integrity of the lesion could not be preserved due to the surgical procedure, a small fragment of liver parenchyma was apparent adjacent to the lesion at the periphery of the specimen.

Histopathologic examination showed a highly vascular lesion, and some of the vessels had typical stag horn configuration. Focal areas of the lesion had densely packed immature appearing fibroblast-like spindle cells with sparse
cytoplasm and uniform, elongated nuclei reminiscent of ovarian-type stroma (Figure 3A). There was no mitotic activity, nuclear pleomorphism or necrosis in the tumor. In some areas, perivascular hyalinization and myxoid degeneration was prominent. Cystic spaces showed no epithelial lining in the majority of the lesion (Figure 3B). However, when the specimen was sampled totally for the sake of completeness, endothelial cells lining the cysts were seen in only focal areas (Figure 3C). Immunohistochemical analysis revealed diffuse strong positivity for CD 34 (Figure 4A), CD 99, smooth muscle actin, and focal weak positivity for estrogen and progesterone receptors in spindle cells

Figure 1: Abdominal computed tomography reveals a multiloculated, well-circumscribed cystic lesion, extending from the liver parenchyma towards mesenteric cavity in an exophytic fashion.

Figure 2: Grossly, the tumor has prominent multiloculated cystic appearance.

Figure 3: (A) Microscopically, dense spindle-cell proliferation reminiscent of ovarian-type stroma is seen between vascular structures that have staghorn appearance (H&E, x40), (B) The majority of the lesion consists of cystic spaces with no lining epithelium (H&E, x100), (C) However, endothelial cells lining cystic spaces, that stain positively with factor-VIII immunohistochemical staining can be seen in focal areas (x100).
The neoplastic cells were negative for CD 31, factor VIII, S-100, cytokeratin 7, epithelial membrane antigen, CD 117, inhibin, calretinin, and melan-A. The Ki-67 proliferation index of the tumor was between 5% and 10%. On the basis of the morphologic features and immunohistochemical staining results, the patient was diagnosed as solitary fibrous tumor of the liver.

**DISCUSSION**

Solitary fibrous tumors of the liver are uncommon neoplasms, with less than 45 previous cases reported in the world literature (1,2). According to these reported cases, the tumors are more frequent in females with a mean age of 50 years. Clinical features include abdominal discomfort and mass, vomiting, fatigue, weight loss, and in some cases signs of hypoglycemia (1,2,6-8). Most of the tumors arise from the left lobe of the liver and become fairly large, reaching sizes as large as 32 cm (1,9). The choice of treatment is complete surgical resection in the vast majority of cases. Among the limited number of cases reported in the literature, two patients have been shown to behave in a malignant fashion (9,10).

Our patient was a young adult female with primary symptoms of abdominal pain and discomfort. When the age of the patient, the macroscopic multiloculated cystic appearance of the tumor, and spindle cell proliferation resembling ovarian-like stroma were considered together, mucinous cystic neoplasm of the liver was the main differential diagnosis. The mucinous cystic tumor is a neoplasm composed of cystic spaces lined by mucus-producing epithelial cells with an associated dense stroma similar to ovarian stroma. Because the epithelium of mucinous cystic neoplasms may often be denuded, it is advised that numerous histologic sections should be sampled in order to demonstrate the epithelial lining. In our case, although the specimen was sampled totally, no epithelial lining within cystic spaces was seen. Only focally, factor-VIII positive endothelial cells lined the cystic spaces, which led us to interpret these cystic spaces as ectatic vascular channels.

Ovarian-type stroma is defined as densely packed spindle-shaped cells with round to oval nuclei and sparse cytoplasm, with a dense layer of collagenous connective tissue. This type of stroma has been described in a number of neoplasms, including mucinous cystic neoplasms of the pancreas, liver, retroperitoneum and ovary, and pancreatic lymphangiomas (11-13). Recent studies have demonstrated that the presence of ovarian-type stroma is required for the diagnosis of mucinous cystic neoplasms (11,12,14). Nevertheless, it is important to be able to differentiate ovarian-type stroma from nonspecific hyalinized collagenous stroma.

The ovarian-type stromal cells have been reported to be labelled with antibodies to vimentin, smooth-muscle actin, desmin (focally), calretinin, alpha-inhibin (15), melan-A, CD 99, and bcl 2. It is also well known that estrogen and progesterone receptors are expressed in the ovarian-type stroma of mucinous cystic neoplasms in 25 % and 50-75 % of cases, respectively (16). This immunophenotype of ovarian-type stroma is very similar to that of normal ovarian stroma, and therefore supports its similarity to true ovarian stromal tissue. The neoplastic cells of our case did not stain for inhibin, calretinin, or melan-A. However, there was focal weak staining for both estrogen and progesterone receptors. Nevertheless, these hormone receptors have
been shown to be expressed in a wide range of tissues and tumors, including a few cases of solitary fibrous tumor (17).

In our case, spindle cell neoplasms of the liver was also in the differential diagnosis because of dense cellular areas with spindle cell proliferation, in between the ectatic vascular spaces. Immunohistochemical staining profile of the tumor, that included CD 34, CD 99 and smooth muscle actin positivity, as well as negative staining for cytokeratin, epithelial membrane antigen, CD 117 and S-100, together with the morphologic findings, was highly suggestive for the diagnosis of solitary fibrous tumor.

It is difficult to establish the biologic behavior of solitary fibrous tumors of the liver because of the limited number of cases reported in the literature. Complete surgical resection of the tumor with adequate safe margins and close follow-up of the patient seem to be the mainstay of treatment (8). Features associated with malignancy in both thoracic and extrathoracic solitary fibrous tumors have been reported as increased cellularity, pleomorphism, >4 mitotic figures per 10 high power fields, presence of necrosis/hemorrhage, large size of the tumor (>10 cm), and atypical location of the tumor such as parietal pleura (18). Our patient is free of any evidence of local recurrence or metastatic disease 12 months post operation. However, because of the size of the tumor (8x6 cm), high cellularity in focal areas and relatively high Ki-67 proliferation index, close follow-up of the patient is necessary.

In conclusion, solitary fibrous tumors of the liver are rare lesions. Cystic changes may rarely occur in these tumors. In presence of a predominantly multiloculated cystic appearance in a tumor located in the liver, mucinous cystic neoplasms and solitary fibrous tumors should also be considered in differential diagnosis.

REFERENCES


